

MON

TUES

WED

THURS

FRI

MEAL DEAL

£2.50

Theme Vays

MAIN E2.45

HOT & SOUR
CHICKEN STEW WITH
EGG NOODLES & STIR
FRIED GREENS
(CE*, E, MU*, SO,
G/W)

SMOKEY BEEF & LENTIL CHILLI CON CARNE WITH STEAMED RICE (G/B*, O*, R*, W*) FISH & CHIPS WITH
FRESH MINTED
MUSHY PEAS &
HOMEMADE TARTARE
SAUCE

(E, F, G/W)

MOROCCAN CHICKEN CASSEROLE WITH ROASTED VEGETABLE RICE SAUSAGE & MASH WITH SEASONAL VEGETABLES & ONION GRAVY (MK, SU, G/W)



HOT AND SOUR QUORN STEW WITH EGG NOODLES & STIR FRIED GREENS (CE*, E, MU*, SO, G/B, W)

SMOKEY PLANT BASED CHILLI WITH STEAMED RICE (G/B*, O*, R*, W*)

MARGHERITA PIZZA WITH CHIPS & HOUSE SALAD (MK, G/W) MOROCCAN CHICKPEA CASSEROLE WITH ROASTED VEGETABLE RICE

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VEGGIE SAUSAGE & MASH WITH SEASONAL VEGETABLES &

ONION GRAVY (CE. MK. G/W)



TOMATO & BASIL PASTA (CE, G/W)

PASTA
(MK, MU, G/W)

TOMATO & PESTO PASTA (CE, MK, G/W)

CREAMY CARBONARA
(MK. G/W)

MEDITERRANEAN VEGETABLE PASTA (G/W)





PEACH & GINGER
CRUMBLE WITH
CUSTARD
(MK, G/W)

CHOCOLATE &
ORANGE CAKE WITH
CREAM
(E, MK, SO*, G/W)

APPLE TART WITH CUSTARD (MK, G/W) JAM ROLY POLY (E, MK, SO*, G/W)

CARROT CAKE
(E, MK, SO*, G/W)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD



JERK CHEESEBURGER WITH JERK KETCHUP & HOMEMADE WEDGES (MK, SE*, SO, SU, G/W)



CORONATION
CHICKEN CHEESY
NAAN MELT WITH
INDIAN SLAW
(MK MII* G/W)



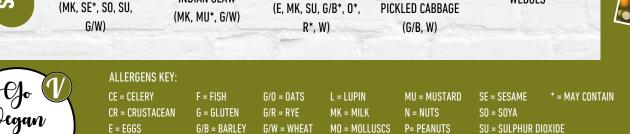
BEEF KOFTA
MEATBALL WRAP
WITH HOUSE SALAD &
GARLIC SAUCE
(E, MK, SU, G/B*, 0*,



SWEET CHILLI CHICKEN WINGS WITH SEASONED WEDGES & PICKLED CABBAGE (G/R W)



PIRI PIRI CHICKEN LEG & SEASONED WEDGES







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MAIN £2.45 CHICKEN FAJITAS, NACHOS, SOUR CREAM & SALSA (MK, MU, SO*, G/W) SWEDISH MEATBALLS, STEAMED RICE & CREAM SAUCE (MK. G/W) FISH & CHIPS WITH
FRESH MINTED
MUSHY PEAS &
HOMEMADE TARTARE
SAUCE
(E, F, G/W)

BEEF & LENTIL LASAGNE WITH GARDEN SALAD (MK, G/B*, W) LEMON & THYME ROAST CHICKEN, ROAST POTATOES, SEASONAL ROASTED VEGETABLES & GRAVY

0TS & SHOOTS

HALLOUMI & SPICY VEGETABLE FAJITA WITH SOUR CREAM & SALSA (MK, MU, G/W) SWEDISH VEGGIE MEATBALLS, STEAMED RICE & CREAM SAUCE (CE*, E*, MK, MU*, SE*. SO, G/B, W)

CHEESE & ONION PASTY & CHIPS (MK, G/W) ROASTED VEGETABLE LASAGNE WITH GARDEN SALAD (E*, MK, G/W) VEGETABLE MEATLOAF WITH STICKY GLAZE & SEASONAL ROASTED VEGETABLES (CE, E, G/B, W)

ASTA POPINA

PASTA (CE, G/W) PASTA
(MK, MU, G/W)

TOMATO & PESTO PASTA (CE, MK, G/W)

CREAMY CARBONARA (MK, G/W) MEDITERRANEAN VEGETABLE PASTA (G/W)



PUD £1.20 ORANGE SYRUP SPONGE WITH VANILLA SAUCE (E, MK, SO*, G/W)

EVE'S PUDDING WITH CUSTARD (E, MK, SO*, G/W) WINTER FRUIT CRUMBLE WITH CUSTARD (MK, G/B*, O, W) RICE PUDDING WITH FRUIT COULIS (MK) JAM & COCONUT SPONGE WITH CUSTARD (E, MK, SO*, SU, G/W)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD



CARIBBEAN BEEF NOODLE STIR FRY (E, G/W)



CHICKEN TIKKA KEBAB, ONION SALAD & MINT YOGHURT (MK, G/W)



FALAFEL WITH LEBANESE PILAF, TOMATO & CUCUMBER (SU*, G/B*, O*, R*, W*)



MEXINESE SZECHUAN
CHICKEN NACHOS
WITH NACHO CHEESE
SAUCE, GREEN CHILLI
& KIMCHI SLAW
(MU*, P*, SO, G/W)



CAJUN CHICKEN LEG & SEASONED CHIPS



ALLERGENS KEY:

CE = CELERY CR = CRUSTACEAN

CR = CRUSTACEAN G = GLUTEN E = EGGS G/B = BARLEY

F = FISH G/O = OATS G = GLUTEN G/R = RYE G/B = BARI FY G/W = WHF.

G/O = OATS L = LUPIN G/R = RYE MK = MILI G/W = WHEAT MO = MOL

MK = MILK N = MO = MOLLUSCS P=

MU = MUSTARD N = NUTS P= PEANUTS

D SE = SESAME SO = SOYA

SU = SULPHUR DIOXIDE

* = MAY CONTAIN





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Theme Vays

BEEF & LENTIL BOLOGNESE WITH PENNE AND GREEN SALAD (G/B*, W)

CHICKEN STROGANOFF WITH STEAMED RICE & **BRAISED CABBAGE** (MK, MU, G/W)

FISH & CHIPS WITH **FRESH MINTED MUSHY PEAS & HOMEMADE TARTARE** SAUCE (E, F, G/W)

CHICKEN & PEPPERONI JAMBALAYA (CE, E*, MK, MU, SO*, G/W*)

BEEF & LENTIL COTTAGE PIE WITH SEASONAL GREEN **VEGETABLES & GRAVY** (G/B*, W*)

MAC & CHEESE WITH **HOUSE SALAD** (MK, G/W)

CHICKPEA STROGANOFF WITH STEAMED RICE & **BRAISED CABBAGE**

(MK, MU, G/W)

FOLDED NAAN PIZZA POCKET & CHIPS (MK. G/W)

ROASTED VEGETABLE SHEPHERDESS PIE WITH & CHICKPEA **JAMBALAYA** (CE, MU)

SEASONAL GREEN **VEGETABLES & GRAVY** (CE, E, MK, G/B)



TOMATO & BASIL **PASTA** (CE, G/W)

CREAMY CAJUN PASTA (MK, MU, G/W)

TOMATO & PESTO **PASTA** (CE, MK, G/W)

CREAMY CARBONARA (MK, G/W)

MEDITERRANEAN VEGETABLE PASTA (G/W)



BANANA & BERRY LOAF (E, MK, SO*, G/W)

PUDDING WITH CUSTARD (E, MK, SO, G/B, O, R,

BREAD & BUTTER

STICKY TOFFEE **PUDDING WITH** BUTTERSCOTCH SAUCE (E, MK, SO*, G/W)

APPLE CRUMBLE & CUSTARD $(MK, G/B^*, O, W)$

CHOCOLATE & ORANGE MARBLE CAKE (E, MK, SO*, G/W)





REGGAE REGGAE VEGETABLE LOADED NACHOS 1



BEEF KEEMA QUESADILLA WITH LIME & CORIANDER (MK, G/W)



CHICKEN SHAWARMA WITH GRILLED PITTA, **KEBAB SHOP SALAD & TZATZIKI** (MK, G/W)



BANG-BANG CHICKEN NOODLES WITH SMACKED CUCUMBER SALAD

(E, MU*, SO, G/W)



TEXAN BBQ CHICKEN

LEG & SEASONED

CHIPS







CE = CELERY CR = CRUSTACEAN E = EGGS

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