



# Greatfields

# Gazette ~

*Spring Edition*



Illustrated by Emaan Minhas – 9FKhalo



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## Women's Aviation trip:

For the women's aviation trip on the 1st of March, around 30 students were invited to go to City Aviation House near London City Airport to talk about women in STEM and encourage young girls to take up male-dominated jobs. This occurred for a full school day, and it involved taking a tour around city airport and understanding how its features has helped its development in the business and economic sector. Students also took a tour outside the airport and witnessed two airplanes take flight in what could be called the worlds' narrowest port!

This inspired our young girls to take up STEM orientated jobs and motivated them, by seeing real life examples of women that hold significant careers in the aviation and STEM sectors. This not only prompted understanding about the role of women in many fields, most specifically the male-dominated sector, but it also taught Greatfields' pupils about the types of STEM careers that will be opened further into the future and the types of roles available in certain jobs.

Firstly, all the students at the trip had the opportunity to meet two women working in aviation, one whose job specialised in customer service and the other being the Manager of the control's room at City Airport. They explained in detail what their jobs looked like on a daily-basis. Students were able to understand and comprehend the types of qualifications and measures required in STEM jobs and, through this, the large scale of opportunities for aviation-based careers became evident.

In the aviation trip at the end of the session, students learnt about the importance of sustainability and the use of renewable sources in an airport. This was explained to find ways in which the amount of fossil fuels and greenhouse gases emitted in an airport via planes and transport affects and speeds up the role of the enhanced greenhouse effect and climate change. Students were given the task to work in teams of up to six pupils, where they had to work at a STEM orientated business challenge. This would then allow them to pitch their ideas on the economic sustainability of an airport to a judging panel and an audience in May. If students go through, they will be competing against the best students chosen and be taken to a yacht for their ultimate pitch. Students from Greatfields who win, will receive prizes such as vouchers, certificates and much more!

The trip was an exciting and euphoric experience where students have been greatly inspired and encouraged about the many opportunities that are available to them later in their futures. The trip made everyone feel included and appreciated as their ideas were keenly listened to and it felt as the whole group had become one team under one goal: to support women stand up and take a career that they aspire for.

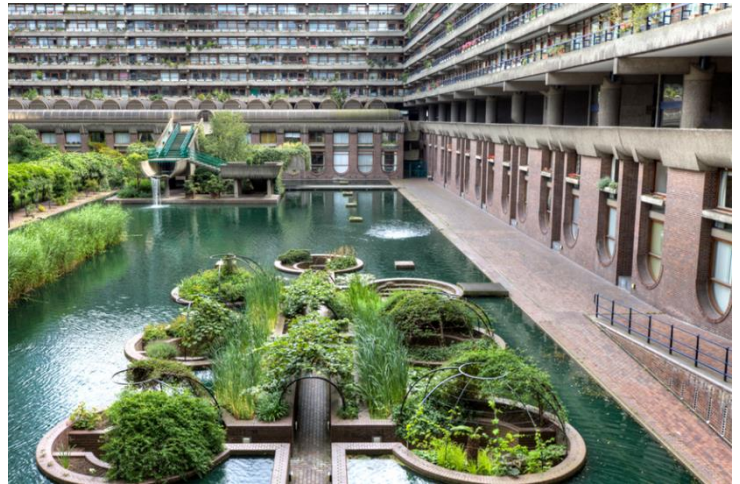
By: Jacqueline Anta Ferreiro



## Music to my ears, or maybe yours?

Come one come all and take a listen (not literally, I don't have the budget nor available supernatural capability to make articles genuinely speak to you). Regardless of such, do be alert, for your attention I need to divert. The poetic intro wasn't planned, the musical theme just lead things out of hand.

Anyway, G'day lads, this is far from your average trip review as hinted at by the borderline poem at the start. The music department's had a jolly good time, let me tell ya. Not only did a lucky few get to visit the legendary, the infamous, THE Barbican centre, but also got a chance to listen to a medley of just about any franchise you would've considered a part of your childhood and then some, courtesy of the London Symphony Orchestra.



You watch a lot of the classics? Let me tell ya, your ears are going to be ringing with nostalgia, that's for sure. The Symphony Orchestra made sure of that. Actually, tell you what: those guys composed the Star Wars soundtrack! Mhm, that's right fellas – Vader wouldn't be as imposing nor as utterly awesome if not for that very orchestra.

### “THE BARBICAN: LONDON'S BEHEMOTH BUILD”

This colossal all-in one toolkit is armed with over 40 storeys, schools, libraries, a theatre, an artificial lake, a full-blown arts centre—did I mention the lake? Not only is this gargantuan construct stacked, but it is STACKED. It's got everything you'd need to live there—it's even got a church! Oh, and by live there I mean it literally, just about 4,000 residents across 2,000 flats—with plenty more room for you. I'm not saying we got the full experience, but from what I've seen I'd say knock yourself out if you have a chance to.

Overall, we were flabbergasted with this experience and would completely recommend it to all staff, families and pupils!

*By Stilian Kapitanov*



# International Day of Happiness:



The theme for the 2023 International Day of Happiness is “**Be mindful. Be grateful. Be kind.**”

The International Day of Happiness was established by the United Nations on 28th June 2012 and is celebrated throughout the world on the 20th of March, which aims to spread awareness of the importance of happiness within everyone’s lives, in terms of their mental and emotional wellbeing and the need to incorporate happiness into public policies.

## Why was it introduced? And why is it celebrated?

This concept derived from the ideology of ‘Happytalism’ founded by President Jayme Illien together with Luis Gallardo from 2006 to 2012; Illien ran a campaign at the United Nations to encourage, promote, and advance the primacy of happiness, wellbeing, and democracy. This event is celebrated by the United Nations General Assembly calling for people to make a more continuous progress of doing the minimal things that greatly contribute to their standards of living and the making of a better life. This allows the spread of awareness towards the importance of being mentally healthy and motivates and inspires everyone around the world to make an effort to think of themselves as individuals. To celebrate, some people may choose to meet with old friends, start a healthier life in terms of their physical health, donate to charities, and connect to people or spread the message of happiness via social networks. In 2015, the United Nations launched 17 Sustainable Development Goals to make people’s lives happier. Its main development goals are eradicating poverty, reduce inequality and protect our planet.

A few of the sustainable Development Goals are:

- No poverty
- Zero Hunger
- Good health and well-being
- Quality education
- Gender equality
- Clean water and sanitation
- Affordable and clean energy



## Ukraine 2022:

For the International Day of Happiness in 2022, a smiley was projected onto notable buildings around the world in an attempt to spread happiness. It came at a time when the Russo-Ukrainian War had just begun, with the smiley to display not only happiness, but solidarity with Ukraine.

By: Agatha and Jacqueline Anta Ferreiro



## Teacher's strike article:

As you are aware, teachers have been striking across the UK (United Kingdom) due to low pay. Due to this schools were closed on specific days as there was a shortage of staff members and teachers.

### **When did this start?**

Teachers in the north of England walked out on 28 February, and in the East Midlands, West Midlands, and the NEU's eastern region on 1 March.

### **What is being done about it?**

The Government are trying to meet the demands and needs of teachers by increasing their salary. They hope to reach the goal of £30,000 starting salary.

### **Why is this happening?**

Teachers are necessary for the education of children as they help them to learn crucial skills that will enable them to work professions of their choosing but the pay is not rising in relation to the rise in cost of living. Teachers are fighting between their love for educating the next generation with the demand to survive in this expensive country. Do you think that is fair?

### **Why is this important?**

For both students and teachers alike, this is important as it affects their lives and futures. For students, they miss out on learning due to these strikes but it can have the benefit of extra time to revise, complete independent learning or think about important decisions and their futures. For teachers, attention is finally brought to the insufficient salary, however the price to pay for it is usually not being paid while striking. Hopefully, the government will recognise the essential contribution of the education sector.

*Report by Masumah Islam*



## Ramadan Mubarak:

Every year, Muslims around the world anticipate the sighting of the new crescent moon that signifies the official first day of Ramadan, the ninth month of the Islamic calendar and the most sacred month in Islamic culture.

The start of Ramadan each year changes because the Islamic calendar follows the lunar calendar and follow the phases of the moon. The beginning and end of Ramadan are determined by a moon sighting committee in Saudi Arabia.

Throughout the month, fasting between sunrise and sunset is obligatory for all Muslims, except for the ill, pregnant, traveling, elderly or menstruating women. Days missed fasting can be made up throughout the rest of the year, either all at once or one day here and there.

Meals are opportunities for Muslims to gather with others in the community and break their fast together. Pre-dawn breakfast, or suhoor, before the first prayer of the day, Fajr, marks the beginning of the fast. The evening meal, iftar, can begin once the sunset prayer, Maghrib, is finished. Since the Prophet Mohammad broke his fast with dates and a glass of water, Muslims eat dates at both suhoor and iftar. Dates were one of the Prophet's favourite foods and have many health benefits.

In Islam, when someone is fasting, it is encouraged to not argue, swear, or to do anything with ill intent. While these traits are recommended to be practiced throughout the year, it is even more important during this sacred month. Muslims also believe that during this time the Devil (known as Shaytan in Islam) is locked up, and this makes Muslims often reconsider their actions and become more pious.

The naming of Ramadan stems from the Arabic root "ar-ramad," which means scorching heat. Muslims believe that in A.D. 610, the angel Gabriel appeared to Prophet Muhammad and revealed to him the Quran, the Islamic holy book. That revelation, Laylat Al Qadar—which translates to "Night of Power"—is believed to have occurred during Ramadan. Muslims fast during that month to commemorate the revelation of the Quran.

After the last day of Ramadan, Muslims celebrate its ending with Eid al-Fitr—the "festival of breaking the fast"—which begins with communal prayers at daybreak. During these three days of festivities, participants gather to pray, eat, exchange gifts, and pay their respects to deceased relatives. Some cities host carnivals and large prayer gatherings, too.

In our school, we have a wide variety of students from diverse backgrounds, Muslims being a huge majority of them, so let us celebrate Ramadan together and Ramadan Mubarak to all.





## Ramadan Mubarak:

The following Year 7 and 8 students have been involved in creating a 'Greatfields' Ramadan Food Bank'.

This involved donating any dried or canned foods. These donations will be collected at the end of the month and donated to the Barking Food Bank located in the Salvation Army Church, Ripple road.

Students involved:

Rayya - 8GB

Lily May - 8GB

Sandile - 8GB

Hanifah - 7MA

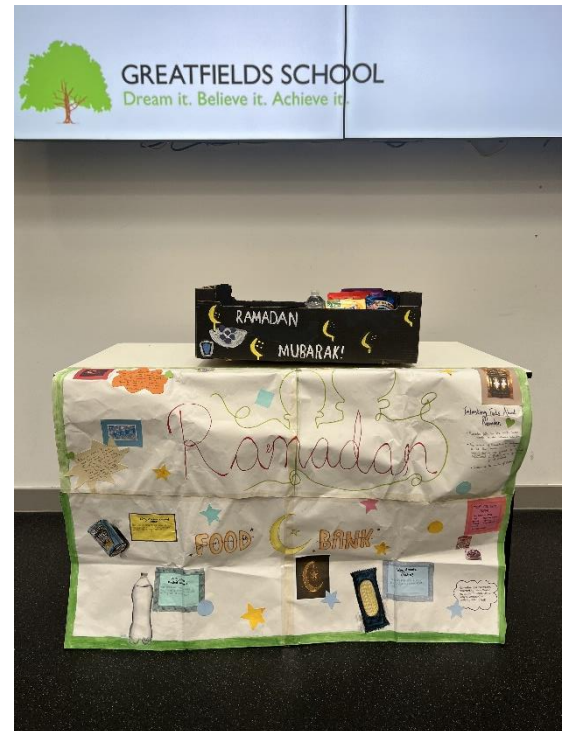
Nabia - 7MA

Adheena - 7MA

Bushra - 7MA

Aleena - 7MA

Eid - 7MA





## Holi

Holi is a popular and significant Hindu festival celebrated as the Festival of Colours, Love and spring. It celebrates the eternal and divine love of the god Radha and Krishna. Additionally, the day also signifies the triumph of good over evil, as it commemorates the victory of Vishnu as Narasimha Narayana over Hiranyakashipu. Holi is originated and is celebrated in the Indian subcontinent but has also spread to other regions of Asia and parts of the Western world through the Indian diaspora.

Holi also celebrates the arrival of spring in India, the end of winter, and the blossoming of love. It is also an invocation for a good spring harvest season. It lasts for a night and a day, starting on the evening of the Purnima (Full Moon Day) falling in the Hindu calendar month of Phalgun, which falls around the middle of March in the Gregorian calendar.

### AND THE BEST PART?

Not only is it welcome for everyone to take part in despite religion, but you will also be covered in colour for when you go home.





## *A mother like no other poem*

*By Jemima Aideloje*



Mother, mother, mother

A woman like no other

Patience, respect and unconditional love

Flies with her like a dove

She carries me under her wings

Saying the sweetest things

A mother's love comes from the heart

It will never waver

She's always a life-saver

A woman of grandeur right from the start

Doing her best

She can never detest

So shower adoration

On the woman of importance in your duration

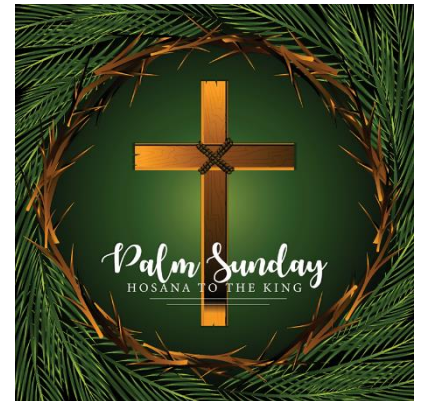
By jemima aideloje



## Palm Sunday-2nd April

Palm Sunday (sometimes referred to as Passion Sunday) is a Christian holiday that takes place every year on the final Sunday of Lent. During Lent, Christians will fast for a 40-day (just over a month and a week) period. Palm Sunday is a Christian holiday that marks the start of the holy week.

This is a particularly important event in the Christian calendar. On this day Christians believe Jesus arrived in Jerusalem by donkey. Out of respect, palm leaves are laid out and a mass service may be held. Also, palm leaves may be saved to burn and use for ashes on Ash Wednesday. Palm leaves hold significance as on his arrival people waved these branches and laid them down to honour him coming there.



### Do countries celebrate Palm Sunday in the same way?

Not exactly, countries around the world may have similar traditions and views but sometimes they add their own unique twist.

Traditions:

- Poland:

Since Palm leaves are not a native plant species and are not able to grow there, Christians improvised with tissue paper and ribbons to make fake palm leaves and flowers. People join to compete, resulting in several beautiful arrangements of decorations.

*Report by: Masumah Islam*



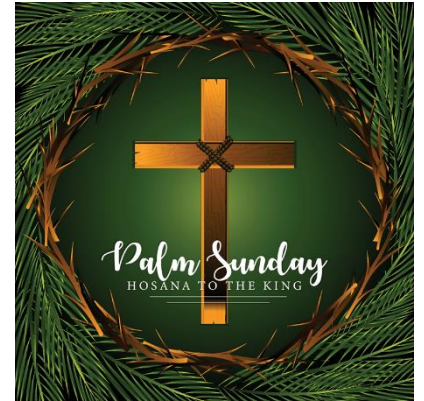
## Entrevista: Ms Fernandez

1) **¿Qué país y ciudad hispana visitó?**

Which Hispanic country and city did you visit?

He visitado España, las islas de Panamá, Costa Rica, México y Cuba.

I have visited Spain, the islands of Panama, Costa Rica, Mexico, and Cuba.



2) **¿Cuáles fueron los aspectos más destacados de su viaje?**

What were the highlights of your trip?

He soñado con visitar Cuba durante mucho tiempo y realmente lo disfruté por su cultura, naturaleza y ambiente. También disfruté hablando con los ciudadanos de este país comunista, especialmente debido a su diferente cultura e ideología.

I have dreamed of visiting Cuba for a long time, and I really enjoyed it because of its culture, nature, and atmosphere. I also enjoyed talking to the citizens of this communist country, especially due to their different culture and ideology.



3) **¿Qué sitios de interés o atracciones turísticas visitó?**

What landmarks or tourist attractions did you visit?

En México visité Chichén Itzá, un complejo de ruinas mayas ubicado en la península de Yucatán en México. Los tres más conocidos de estos complejos son la Gran Plataforma Norte, que incluye los monumentos de El Castillo, el Templo de los Guerreros y el Gran Juego de Pelota; El Grupo Osario, que incluye la pirámide de Osario, así como el Templo de Xtoloc; y el Grupo Central, que incluye el observatorio también llamado El Caracol, Las Monjas y Akab Dzib. Otros complejos incluyen el Grupo Casa Colorada, el Grupo Central y el antiguo Chichén. Chichén Itzá es también el hogar de



varios cenotes (pozos naturales de agua subterránea), incluyendo el Cenote Xtoloc o "Cenote Sagrado".

In Mexico I visited the Chichen Itza, a complex of Mayan ruins located on the Mexico's Yucatan Peninsula. The three best-known of these complexes are the Great North Platform, which includes the monuments of El Castillo, the Temple of Warriors, and the Great Ball Court; The Osario Group, which includes the Osario pyramid as well as the Temple of Xtoloc; and the Central Group, which includes the observatory also called El Caracol, Las Monjas, and Akab Dzib. Other complexes include the Casa Colorada Group, the Central Group, and Old Chichen. Chichen Itza is also home to several cenotes (natural pits of groundwater), including the Xtoloc Cenote or "Sacred Cenote."



#### 4) ¿Qué diferentes comidas tradicionales probó?

What different traditional foods did you try?

En Cuba comí langostas y descubrí que eran mucho más baratas que en otras zonas del mundo. Además, en México también disfruté comiendo frijoles, pollo con arroz y plátanos.

In Cuba I ate lobsters and discovered that they were much cheaper than in other areas of the world. In addition, in Mexico I also enjoyed eating beans, chicken with rice and plantains.

#### 5) ¿Has estado en alguna celebración/fiesta hispana? Y si es así, ¿en cuál?

Have you been to any Hispanic celebrations/parties? And if so, which one?

La Feria de Málaga comienza el 13 de agosto hasta el 20 de agosto y es una fiesta que se desarrolla en dos zonas; uno durante el día está en el centro de Málaga y la feria nocturna que tiene lugar en el Cortijo de Torres. Las calles del centro se decoran durante toda la duración de la feria. Hay música folclórica y baile abundan en las calles de la ciudad, así como música para todos los gustos donde predomina la música típica de Verdiales. Hay puestos de comida en la Feria de Noche y bares y restaurantes en la zona de Feria de Día.

The Malaga Fair begins the 13th of August until the 20th, and it is a festival that takes place in two areas; one during the day is in the downtown area of Malaga and the night fair which takes place at Cortijo de Torres. The downtown streets are decorated throughout the duration of the fair. There's folk music and dancing abound in the streets of the city, as well as music for all tastes where predominates the typical Verdiales music. There are food stands at the Night Feria and bars and restaurants at the Day Feria area.



6) **¿Cuál cree que es la mayor diferencia en cómo vive la gente allí, en comparación con aquí?**

What do you think is the biggest difference in how people live there, compared to here?

La vida es más tranquila, el clima es bueno, hay mucha naturaleza y un ambiente agradable. También en lugares como Andalucía, "se trabaja para vivir en lugar de vivir para trabajar".

Life is more tranquil, the weather is good, there is a lot of nature and a pleasant atmosphere. Also, in places like Andalusia, "you work to live instead of living to work".



7) **¿Qué parte de la cultura le gustó más?**

What part of the culture did you like the most?

En los países hispanos me gustó mucho que la gente sea muy amable y abierta.

In Hispanic countries I really liked that people are very friendly and open.

8) **¿Qué consejo le daría a alguien que visite el país por primera vez?**

What advice would you give to someone visiting the country for the first time?

Aconsejaría a las personas que estén abiertas a nuevas experiencias, prueben nuevos alimentos, visiten nuevos lugares y hablen con los lugareños. También aconsejaría no tener miedo de cometer errores al hablar con los lugareños, ya que apreciarían su intento de expresarse en español, y están acostumbrados debido al crecimiento del turismo en estos países.

I would advise people to be open to new experiences, try new foods, visit new places, and talk to the locals. I would also advise not to be afraid of making mistakes when talking to the locals, as they would appreciate their attempt to express themselves in Spanish and are used to it due to the growth of tourism in these countries.



## *A love from a mother is like no other - short story*

*No matter the distance, a mother's love will always find its way to you.*

The orphanage was a dark place, it was cold and unloving. There was never anything wrong with her birth family, they were incredible. Her father may have left at an immature age, regardless her mother had always held strong for her. She had a gorgeous smile, always there to warm her up in a way no other could do. Joy oozed through every crevice of her childhood home. That was until her mother passed away. With no one else around her, she was abandoned, discarded and isolated, then they sent her to the orphanage.

After a few years of lost hope, and numerous new families, she was once finally adopted. It was okay at first. The older woman did not have the same smile as her mother, her loving glances, nor her sweet melodic voice, but she was better than the others.

After a few months together she started to regain hope and soften her hard exterior to receive love. She had not been yelled at nor returned like an unwanted gift, and before long it was her first Mother's Day with a woman who genuinely loved her just as much as her mother did.

Although by that time her Mother's Day came around, she did not do much towards it. She silently walked towards her room before the woman's voice called out to her, beckoning her to come back down as they were going to visit somewhere. She was curious at first but gave no mind regardless, turning around and going back down the staircase. During the car ride the worst came to mind,

*What if she was going back? What if the woman didn't want her anymore?*

Queries flowed through her mind. She peered up towards the woman driving, innocently humming a short melody. It was terrible.

As they finally approached their destination the girl immediately peeked out the window staring at the vast nothingness ahead of them. The rain pattered down, thunder striking down around them. The elder pulled out an umbrella from the trunk before opening the car door.

They walked for a few minutes before they approached a gravestone...

*Was she going to die?!*

She looked down at the name of the stone, half expecting to read her own name. She glanced over it, before realising *it was her mother...*

Tears streamed down her cheek as she fell down to the floor, mud splattering onto her dress however she paid no mind towards it. The woman bent down smiling at her worryingly.

'I know I'll never replace your mother but I will love and cherish you as she would'.

No words were exchanged between the two, they embraced each other lovingly, tears seeping down towards her wide smile. She turned and said, for the first time since the adoption 'I love you..... mum.'

*She was home...*





## International Women's Day Event

International Women's Day event was on Tuesday 21<sup>st</sup> and this event took place at Greatfields School in Cedar Hall in order to celebrate the achievements of women throughout history. It was a way in which all students were able to acknowledge the struggle that women have had to make and learn about the ways that women have had to sacrifice their freedom and happiness to help future generations succeed. Special thanks to the Student Leadership Team, the performing arts team, and the choir, specifically Jemima Aideloje, our host and speakers. The contribution that this event gave to Greatfields was substantial as it spread awareness on the injustice that women have faced as well as the thoughts surrounding this empowering time of the year.



This event was incredible, the singing was immaculate and the dance performance was upbeat and empowering. The speeches were powerful and they invoked strength within everyone there.

“It was a way in which the school was able to get closer as a community and freely express their views in what could be described a euphoric experience”

- Jacqueline AF (A speaker during the event)

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*By Jacqueline and Sefrat 9FK*



*Easter challenge:* Find the 6 hidden Easter egg baskets within the image to win an Easter egg!





# Hoppy Easter

S S Y E Q S A S P R I N G B R E A K E X S E H K  
T E A M G W K S Y V F F U T Y T T T D G K G U V  
I G A G U C H D W H X U K X U A N E V C C X Y V  
B F E X D C N I F E T S T V L L U D Y M A M V N  
B S C M W E P K T E E D E L I O B D R A H F G E  
A E Z Z E B O N N E T T H R I C E J D E X H H D  
R A E R Y T B N G U D E S K D O L P L B D F A D  
S S G B H S E E P K Z P Q B F H P T C Y X K P I  
R T U Z O O P S T A H B O I W C R O Z E J P P H  
E E I Y D E C O R A T E S S V N U R G L U L Y O  
W R Z Z X C Z X B L H N L A I O P R T L R A O E  
O B Y D N A C U J T B U Q M Z E B A T O Q S E R  
L A G P P S N A E B Y L L E J A S C N W K T H S  
F S W U O N F W J N T A L Y S Y P J G C S I O W  
A K E Z Y I U A Y W H M V K X P K D P R A C P O  
R E L I A T N O T T O C E I H D I G U S Z E P L  
J T S Q U K D X I Z F T Y D X D A N B C B G I L  
X E C L C E H B P C K G L Q Y X N F K F K G T A  
I J B S U L P B P U H B I Y K E D L F S V S Y M  
O X A L J B G X I Y Z I L G Q S D A P O W L P H  
Z Q B E O H U V H V J L C X C F V E D D D J M S  
H C U S L E T S A P P U S K X Z E X G S F I C R  
B X G R A S S B T U L I P S S P G M G G Z B L A  
R F T U M C C O L O R I N G E N U I T T S H W M

- |         |              |               |              |          |              |
|---------|--------------|---------------|--------------|----------|--------------|
| Basket  | Blue         | Bonnet        | Bunny        | Candy    | Carrot       |
| Chicks  | Chocolate    | Coloring      | Cottontail   | Daffodil | Decorate     |
| Ducks   | Dyed Eggs    | Easter Basket | Eggs         | Flowers  | Grass        |
| Green   | Happy        | Hard Boiled   | Hats         | Hidden   | Hippity      |
| Hoppity | Jelly Beans  | Lily          | Marshmallows | Pastel   | Peeps        |
| Pink    | Plastic Eggs | Posies        | Purple       | Rabbits  | Spring Break |
| Sweets  | Tulips       | White         | Yellow       |          |              |